



COVID RESOURCES & BENEFITS

Are there any other financial supports available to me if get sick or experience an “Eligible COVID-19 Event” from work?

Potentially, yes:

- If you contract Covid-19 from work, you may be eligible to open a WorkSafeBC claim. [CLICK HERE](#) for details and contact our Health & Safety Performer Advocate, Lori Stewart for assistance: lori.stewart@ubcpactra.ca
- [The Canada Recovery Sickness Benefit \(CRSB\)](#) gives income support to employed and self-employed individuals who are unable to work because they are sick or need to self-isolate due to COVID-19
- To find more federal financial help during Covid-19, [CLICK HERE](#)

I’m not working – What resources are available to help me through this pandemic?

I need more support – What is this AFC I keep hearing about? The AFC (previously the Actors’ Fund of Canada) is the lifeline for Canada’s entertainment industry. Through compassionate and confidential support, they help Canadian entertainment professionals maintain their health, dignity and ability to work. UBCP/ACTRA is a significant contributor to AFC and we urge our members to apply to the AFC if they are experiencing hardship due to the shutdown. 1.877.399.8392 (Toll-Free), contact@AFChelps.ca

If you need emotional support or financial counselling, you can contact your Benefits provider:

AFBS: The AFBS Member and Family Assistance Program (MFAP) is provided by Morneau Shepell, and immediate family. [Morneau Shepell web link](#) Morneau Shepell phone: 1-844-880-9142

MBT: The MBT's Employee Assistance Program (EAP) is managed by LifeWorks and is designed to help you find the support, advice, and resources you and your family need at no cost. [LifeWorks web link](#) LifeWorks phone: 1-877-207-8833

Where can I access mental health supports during this time?

Transitioning back into the workplace during COVID-19 can come with many challenges and it is natural to experience anxiety, stress or uncertainty during this time. [Calltime Mental Health](#) has a wealth of resources relating to coping with COVID-19, as well as information regarding your benefits plan.

UBCP/ACTRA’s website also has a dedicated [COVID-19 page](#) that contains resources to help support your mental health and wellness. If you need more assistance or information, you can reach out to UBCP/ACTRA and we can connect you to the appropriate resources.

UNION OFFICE

Will commercial and residual cheques still be distributed during the pandemic?

There are no plans to change how commercial or residual cheques are processed and distributed. Please visit <http://www.ubcp.com/residuals-use-fees> to find out more about updating your address and finding out whether UBCP/ACTRA is holding your residual cheque.

Is UBCP/ACTRA open to members?

UBCP/ACTRA is closed to members and the public. However, UBCP/ACTRA staff will continue to serve members by telephone and email, and mail.

UBCP/ACTRA

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MEMBER OF THE BC FEDERATION OF LABOUR AND THE MOTION PICTURE PRODUCTION INDUSTRY ASSOCIATION OF BC
AFFILIATED WITH THE CANADIAN LABOUR CONGRESS (CLC) AND THE INTERNATIONAL FEDERATION OF ACTORS (FIA)
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