



## APPENDIX A

### British Columbia Center on Substance Use

#### List of residential treatment and supportive recovery services In British Columbia:

- Licensed Treatment and Recovery Services
- Registered Supportive Recovery Assisted Living Services

As a public resource, these lists are an easily accessible tool for individuals to find service options available in their community. They clearly distinguish services that are operating under the oversight of health authorities or the Assisted Living Registry. Services not on this list may be providing a different type of service (ie: supportive housing, in-hospital setting) or operating unlawfully.

#### **Licensed services**

Licensed services typically offer a higher intensity program to people who may require clinical services to achieve their treatment and recovery goals.

Some features of a licensed service may include regularly scheduled, structured psycho-educational-social/ life skills, peer support plus increased programming and support by credentialed staff ie: clinical counselling, behavioural therapy, medical support.

Licensed services are typically shorter in length, often offering 30 - 60 day programs.

<https://www.bccsu.ca/wp-content/uploads/2021/03/Public-list-March-2021.pdf>

#### **Registered services**

Registered services offer supports and service to individuals who are looking to work on their recovery goals in a communal environment that does not provide the same intensity of support as a licensed service.

Some features of a registered service include regularly scheduled, structured psycho-educational-social/life skills and peer support (ie: group) and support to access outside medical services (clinical counselling, medical professional). Staff of registered supportive recovery residence are not typically clinical health care professionals.

Registered services are often referred to as supportive recovery homes or recovery homes and may offer programs that are longer in length. Both, licensed and registered services in British Columbia can be delivered by not-for-profit organizations, private businesses and programs provided by health authorities.

<https://www.bccsu.ca/wp-content/uploads/2021/03/ALR-list-March-2021.pdf>